







Subject	Term	EYFS Unit (Nursery & Rece	eption)					
PSHE+C	Autumn Term	Health and Wellbeing (Phys	ical Health and Mental Wel	llbeing)	Health and Wellbeing (Keeping Safe)			
Article 12:	T CT III	Healthy Food choices			Managing ov	vn needs		
Children have		Dental care			Waiting and			
a right to be		Handwashing			impulses	,		
heard and to		Dressing			Fire safety			
say what		Showing resilience and			Stranger Do	anger		
they think		Perseverance						
should					School Rule			
happen when		School Rules				eady		
decisions are		• Ready				afe		
being made about them.		<ul><li>Safe</li><li>Respectful</li></ul>			• K6	espectful		
about them.		• Respectful						
	Autumn 1	Year 1	Year 2	Year	3	Year 4	Year 5	Year 6
		Relationships	Relationships	Relationships		Relationships	Health and Wellbeing	Living in the Wider World
		Oracy Exploratory	Oracy Exploratory	Oracy Explore	atory	Oracy Exploratory Question:	Oracy Exploratory	
		Question: What is the	Question: What makes a	Question: How	v can we be	How do we treat each other	Question: What makes	Oracy Exploratory
		same and different about us?	good friend?	a good friend:		with respect?	up a person's identity?	Question: How can the media influence people?
				Themes: Friel	ndship;	Themes: Respect for self	Themes: Identity;	
		Themes: Ourselves and	Themes: Friendships;	making positiv		and others; courteous	personal attributes and	Themes: Media literacy
		others; similarities and	feeling lonely; managing	friendships; n		behaviour; safety; human	qualities;	and digital resilience;
		differences; individuality;	arguments.	loneliness; de	aling with	rights	similarities and	influences and decision-
		our bodies; Feelings and		arguments		2015 4	differences;	making; online
		Emotions	PSHE Curriculum:	DCLIE Committee	L	PSHE Curriculum: how to develop and maintain	individuality;	safety
		PSHE Curriculum:	- how to develop and maintain a variety of	PSHE Curricu - how to deve		a variety of healthy	stereotypes	PSHE Curriculum:
		- how to develop and	healthy relationships,	maintain a var		relationships, within a range	PSHE Curriculum:	- about respect for self
		maintain a variety of	within a range of	healthy relati		of social/cultural contexts	- about managing change,	and others and the
		healthy relationships,	social/cultural contexts	within a range	the state of the s	- how to recognise and	including puberty,	importance of responsible
		within a range of	- how to recognise and	social/cultura		manage emotions within a	transition and loss	behaviours
		social/cultural contexts	manage emotions within a	- how to reco	gnise and	range of relationships	- how to make informed	and actions
		- how to recognise and	range of relationships	manage emoti		- how to recognise risky or	choices about health and	- about rights and
		manage emotions within a	- how to recognise risky	range of relat		negative relationships	wellbeing and to	responsibilities as
		range of relationships	or negative relationships	- how to recog		including all forms of bullying	recognise	members of families,
		- how to respond to risky	including all forms of	or negative re		and abuse	sources of help with this	other groups and
		or negative relationships	bullying and abuse	including all fo			- about rights and	ultimately as citizens
		and ask for help		bullying and al	ouse		responsibilities as	









	- how to respect equality and diversity in relationships.  Class Charter  School Rules  • Ready  • Safe  • Respectful  What makes a Successful Learner?  • Movers  • Blockers	- how to respond to risky or negative relationships and ask for help - how to respect equality and diversity in relationships.  Class Charter  School Rules  Ready Safe Respectful  What makes a Successful Learner?  Movers Blockers	- how to respond to risky or negative relationships and ask for help - how to respect equality and diversity in relationships.  Class charter  Electing school council  School Rules  Ready Safe Respectful  What makes a Successful Learner?  Movers Blockers	- how to respond to risky or negative relationships and ask for help - how to respect equality and diversity in relationships.  Class charter  Electing school council  School Rules - Ready - Safe - Respectful  What makes a Successful Learner? - Movers - Blockers	members of families, other groups and ultimately as citizens - about different groups and communities - to respect equality and to be a productive member of a diverse community  Class charter  Electing school council  School Rules  Ready Safe Respectful  What makes a Successful Learner? Movers Blockers	- about different groups and communities - to respect equality and to be a productive member of a diverse community - about the importance of respecting and protecting the environment - how money plays an important part in people's lives - a basic understanding of enterprise.  Class charter  Electing school council  School Rules
Autumn 2	Relationships  Oracy Exploratory Question: Who is special to us?  Themes: Ourselves and others; people who care for us; groups we belong to; families  PSHE Curriculum: - how to develop and maintain a variety of healthy relationships, within a range of social/cultural contexts	Health and Wellbeing  Oracy Exploratory Question: who helps us to stay safe?  Themes: Keeping safe; recognising risk; rules  EWO - Visitor (Safe and Well)  PSHE Curriculum: - how to maintain physical, mental and emotional health and wellbeing	Health and Wellbeing  Oracy Exploratory Question: What keeps us safe?  Themes: Keeping safe; at home and school; our bodies; hygiene; medicines and household products  PSHE Curriculum: - what is meant by a healthy lifestyle - how to maintain physical, mental and	Health and Wellbeing  Oracy Exploratory Question: What strengths, skills and interests do we have?  Themes: Self-esteem: self-worth; personal qualities; goal setting; managing set backs  PSHE Curriculum: - how to maintain physical, mental and emotional health and wellbeing	Living in the Wider World  Oracy Exploratory Question: What decisions can people make with money?  Themes: Money; making decisions; spending and Saving  PSHE Curriculum: - about respect for self and others and the importance of	Learner?  • Movers  • Blockers  You Matter Class Sessions









- how to recognise and manage emotions within a range of relationships - how to respect equality and diversity in relationships.	- how to manage risks to physical and emotional health and wellbeing - ways of keeping physically and emotionally safe - how to make informed choices about health and wellbeing and to recognise sources of help with this - how to respond in an emergency - to identify different influences on health and wellbeing.  Caring Cooks LGCP	emotional health and wellbeing - how to manage risks to physical and emotional health and wellbeing - ways of keeping physically and emotionally safe - how to make informed choices about health and wellbeing and to recognise sources of help with this - how to respond in an emergency - to identify different influences on health and wellbeing.	- how to make informed choices about health and wellbeing and to recognise sources of help with this - to identify different influences on health and wellbeing.	responsible behaviours and actions - about rights and responsibilities as members of families, other groups and ultimately as citizens - about different groups and communities - about the importance of respecting and protecting the environment - about where money comes from, keeping it safe and the importance of managing it effectively - how money plays an important part in people's lives - a basic understanding of enterprise.	
				Sessions	

Subject	Term	EYFS Unit (Nursery & Reception)	
PSHE+C	Spring	Relationships (Families and Friendships)	Relationships (Belonging to a Community)
	Term	Playing with others	Following rules and understanding why they are important









		Being confident in different	situations	Whole School I Shi	Sense of responsibility and m	nembership of a community	
		Express feelings and underst	and others' feelings		Work and play cooperatively		
	Spring 1	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Article 12:		Health and wellbeing	Living in the Wider	Relationships	Health and Wellbeing	Health and Wellbeing	Health and Wellbeing
Children have a right to be heard and to say what they think should happen when decisions are being made about them.		Oracy Exploratory Question: What helps us to stay healthy?  Themes: Being healthy; hygiene; medicines; people who help us with health  PSHE Curriculum: - what is meant by a healthy lifestyle - how to maintain physical, mental and emotional health and wellbeing - how to manage risks to physical and emotional health and wellbeing - ways of keeping physically and emotionally safe - how to make informed choices about health and wellbeing and to recognise sources of help with this - to identify different influences on health and wellbeing.	World  Oracy Exploratory Question: What jobs do people do?  Themes: People and jobs; money; role of the Internet  PSHE Curriculum: - about rights and responsibilities as members of families, other groups and ultimately as citizens - about different groups and communities - to respect equality and to be a productive member of a diverse community - about where money comes from, keeping it safe and the importance of managing it effectively - how money plays an important part in people's lives - a basic understanding of enterprise.	Oracy Exploratory Question: What are families like?  Themes: Families; family life; caring for each other  PSHE Curriculum: how to develop and maintain a variety of healthy relationships, within a range of social/cultural contexts - how to recognise and manage emotions within a range of relationships - how to respect equality and diversity in relationships.	Oracy Exploratory Question: How can we manage our feelings?  Themes: Feelings and emotions; expression of feelings; behaviour  PSHE Curriculum: - how to maintain physical, mental and emotional health and wellbeing - how to manage risks to physical and emotional health and wellbeing - ways of keeping physically and emotionally safe -about managing change, including puberty, transition and loss - how to make informed choices about health and wellbeing and to recognise sources of help with this - how to respond in an emergency	Oracy Exploratory Question: How can we help in an accident or emergency?  Themes: Basic first aid, accidents, dealing with Emergencies  PSHE Curriculum: - how to maintain physical, mental and emotional health and wellbeing - how to manage risks to physical and emotional health and wellbeing - ways of keeping physically and emotionally safe - how to make informed choices about health and wellbeing and to recognise sources of help with this - how to respond in an emergency - to identify different influences on health and wellbeing.  Well-Being Facilitator Whole Class Sessions "Counter Bullying"	Oracy Exploratory Question: How can we keep healthy as we grow?  PSHE Curriculum: - what is meant by a healthy lifestyle - how to maintain physical, mental and emotional health and wellbeing - how to manage risks to physical and emotional health and wellbeing - ways of keeping physically and emotionally safe -about managing change, including puberty, transition and loss - how to make informed choices about health and wellbeing and to recognise sources of help with this - how to respond in an emergency - to identify different influences on health and wellbeing.
	Spring 2	Living in the Wider World	Relationships	Living in the Wider World	Health and Wellbeing	Relationships:	
						Oracy Exploratory	
						Question: How can	









Oracy Exploratory	Oracy Exploratory	Oracy Exploratory	Oracy Exploratory Question:	friends communicate	
Question: What can we do	Question: What is	Question: What makes a	How will we grow and	safely?	
with money?	bullying?	community?	change?		
			_	Themes: Friendships;	
Themes: Money; making	Themes: Behaviour;	Themes: Community;	Themes: Growing and	relationships; becoming	
choices; needs and wants	bullying; words and	belonging to groups;	changing; Puberty	independent; online	
	actions; respect for	similarities and		safety	
PSHE Curriculum:	others	differences; respect for	PSHE Curriculum:		
- about respect for self		others	- ways of keeping physically	PSHE Curriculum:	
and others and the	PSHE Curriculum:		and emotionally safe	- how to develop and	
importance of responsible	- how to develop and	PSHE Curriculum:	-about managing change,	maintain a variety of	
behaviours	maintain a variety of	- about respect for self	including puberty, transition	healthy relationships,	
and actions	healthy relationships,	and others and the	and loss	within a range of	
- about rights and	within a range of	importance of	- how to make informed	social/cultural contexts	
responsibilities as	social/cultural contexts	responsible behaviours	choices about health and	- how to recognise and	
members of families, other	- how to recognise and	and actions	wellbeing and to recognise	manage emotions within a	
groups and	manage emotions within a	- about rights and	sources of help with this	range of relationships	
ultimately as citizens	range of relationships	responsibilities as	- to identify different	- how to recognise risky	
- to respect equality and to	- how to recognise risky	members of families,	influences on health and	or negative relationships	
be a productive member of	or negative relationships	other groups and	wellbeing.	including all forms of	
a diverse community	including all forms of	ultimately as citizens		bullying and abuse	
- about the importance of	bullying and abuse	- about different groups		- how to respond to risky	
respecting and protecting	- how to respond to risky	and communities		or negative relationships	
the environment	or negative relationships	- to respect equality and		and ask for help	
- about where money comes	and ask for help	to be a productive		- how to respect equality	
from, keeping it safe and	- how to respect equality	member of a diverse		and diversity in	
the importance of	and diversity in	community		relationships.	
managing it effectively	relationships.				
- how money plays an					
important part in people's					
lives					
- a basic understanding of					
enterprise.					

Subject	Term	EYFS Unit (Nursery & Reception)	
PSHE+C	Summer	Living in the Wider World (Respecting Ourselves and Each Other)	Living in the Wider World (Growing and Changing)
	Term		
		Being assertive	Getting ready for school
		Understanding others' feelings	Talk about feelings
		Finding solutions to conflicts and rivalries	Identify and moderate their own feelings









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		Valuing themselves Constructive and respectful	relationships				
		Perspectives of others					
		Listening effectively to the	teacher				
		Eisterling effectively to the	reaction				
	Summer 1	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Article 12:		Health and Wellbeing	Health and Wellbeing	Health and Wellbeing	Living in the Wider World	Health and Wellbeing	Relationships
Children		,					,
have a		Oracy Exploratory	Oracy Exploratory	Oracy Exploratory	Oracy Exploratory Question:	Oracy Exploratory	Oracy Exploratory
right to be		Question: who helps to	Question: What helps us	Question: Why should we	How can our choices make a	Question: How can drugs	Question: What will
heard and		keep us safe?	grow and stay healthy?	eat well and look after	difference to others and the	common to everyday life	change as we become more
to say what				our teeth?	environment?	affect health?	independent?
they think		Themes: Keeping safe;	Themes: Being healthy:				
should		people who help us	eating, drinking, playing	Themes: Being healthy:	Themes: Caring for others;	Themes: Drugs, alcohol	How do friendships change
happen			and sleeping	eating well, dental care	the environment;	and tobacco; healthy	and grow?
when		PSHE Curriculum:			people and animals; shared	Habits	_
decisions		- how to maintain physical,	PSHE Curriculum:	PSHE Curriculum:	responsibilities, making		Themes: Different
are being		mental and emotional	- what is meant by a	- what is meant by a	choices and	PSHE Curriculum:	relationships, changing and
made about		health and wellbeing	healthy lifestyle	healthy lifestyle	decisions	- what is meant by a	growing, adulthood,
them.		- how to manage risks to	- how to maintain	- how to maintain		healthy lifestyle	independence, moving to
		physical and emotional	physical, mental and	physical, mental and	PSHE Curriculum:	- how to maintain	secondary school
		health and wellbeing	emotional health and	emotional health and	- about respect for self and	physical, mental and	·
		- ways of keeping	wellbeing	wellbeing	others and the importance of	emotional health and	PSHE Curriculum:
		physically and emotionally	- ways of keeping	- ways of keeping	responsible behaviours	wellbeing	how to develop and
		safe	physically and	physically and	and actions	- how to manage risks to	maintain a variety of
		- how to make informed	emotionally safe	emotionally safe	- about rights and	physical and emotional	healthy relationships,
		choices about health and	- how to make informed	- how to make informed	responsibilities as members	health and wellbeing	within a range of
		wellbeing and to recognise	choices about health and	choices about health and	of families, other groups and	- ways of keeping	social/cultural contexts
		sources of help with this	wellbeing and to	wellbeing and to	ultimately as citizens	physically and	- how to recognise and
		- how to respond in an	recognise	recognise	- about different groups and	emotionally safe	manage emotions within a
		emergency	sources of help with this	sources of help with this	communities	-about managing change,	range of relationships
			- to identify different	- to identify different	- to respect equality and to	including puberty,	- how to recognise risky or
			influences on health and	influences on health and	be a productive member of a	transition and loss	negative relationships
			wellbeing.	wellbeing.	diverse community	- how to make informed	including all forms of
					- about the importance of	choices about health and	bullying and abuse
					respecting and protecting	wellbeing and to	- how to respond to risky
					the environment	recognise	or negative relationships
						sources of help with this	and ask for help
						- how to respond in an	
						emergency	









		'	whole School Pshi	_		
					- to identify different influences on health and wellbeing.	- how to respect equality and diversity in relationships.
Summe	Cracy Exploratory Question: how can we look after each other in the world?  Themes: Ourselves and others; the world around us; caring for others; growing and changing  PSHE Curriculum: - about respect for self and others and the importance of responsible behaviours and actions - about rights and responsibilities as members of families, other groups and ultimately as citizens - about different groups and communities - to respect equality and to be a productive member of a diverse community - about the importance of respecting and protecting the environment	Health and Wellbeing  Oracy Exploratory Question: How do we recognise our feelings?  Themes: Feelings; mood; times of change; loss and bereavement; growing up  PSHE Curriculum:  - how to maintain physical, mental and emotional health and wellbeing  - how to manage risks to physical and emotional health and wellbeing  - ways of keeping physically and emotionally safe  -about managing change, including puberty, transition and loss  - how to make informed choices about health and wellbeing and to recognise sources of help with this	Health and Wellbeing  Oracy Exploratory Question: Why should we keep active and sleep well?  Themes: Being healthy: keeping active, taking rest  PSHE Curriculum: - what is meant by a healthy lifestyle - how to maintain physical, mental and emotional health and wellbeing - ways of keeping physically and emotionally safe - how to make informed choices about health and wellbeing and to recognise sources of help with this - to identify different influences on health and wellbeing.	Health and Wellbeing  Oracy Exploratory Question: How can we manage risk in different places?  Themes: Keeping safe; out and about; recognising and managing risk  PSHE Curriculum: - how to maintain physical, mental and emotional health and wellbeing - how to manage risks to physical and emotional health and wellbeing - ways of keeping physically and emotionally safe - how to make informed choices about health and wellbeing and to recognise sources of help with this - how to respond in an emergency - to identify different influences on health and wellbeing.	Living in the Wider World  Oracy Exploratory Question: What jobs would we like?  Themes: Careers; aspirations; role models; the future  PSHE Curriculum: - about respect for self and others and the importance of responsible behavioursand actions - about rights and responsibilities as members of families, other groups and ultimately as citizens - about different groups and communities - to respect equality and to be a productive member of a diverse community - about the importance of respecting and protecting the environment - about where money comes from, keeping it	









safe and the importance of managing it effectively - how money plays an important part in people's lives - a basic understanding of enterprise.

Citizenship	develop an interest in, and commitment to, participation in volunteering as well as other forms of responsible activity, that they will take with them into adulthood	develop an interest in, and commitment to, participation in volunteering as well as other forms of responsible activity, that they will take with them into adulthood	develop an interest in, and commitment to, participation in volunteering as well as other forms of responsible activity, that they will take with them into adulthood	develop an interest in, and commitment to, participation in volunteering as well as other forms of responsible activity, that they will take with them into adulthood	• develop an interest in, and commitment to, participation in volunteering as well as other forms of responsible activity, that they will take with them into adulthood  State Chamber Visit: • acquire a sound knowledge and understanding of how the States of Jersey is governed, its political system and how citizens participate actively in its democratic systems of government • develop a sound knowledge and understanding of the role of law and the justice system in our society and how laws are shaped and enforced • are equipped with the skills to think critically and debate political	develop an interest in, and commitment to, participation in volunteering as well as other forms of responsible activity, that they will take with them into adulthood



2.3 Assemblies

Neurodiversity: ASD & Dyslexia Martin Luther King Day Holocaust Memorial Day

Sun Safe

Jersey Children's Day







	questions, to enable them	
	to manage	
Resource:	New School Year	
Tuesday Assemblies	"Pity the Bully"	
available as Power Points on	School Role Models: Henry Fraser	
Teacher Shared:	Online Safety	
2. Organisation	Remembrance Day	