

## Your Teenage

**IMMUNISATIONS** 

All you need to know

Improve. Prevent. Protect.

## Meningitis (MenACWY) vaccine

The MenACWY vaccine is given to young people as a single dose injection at around 14 years of age (year 9). It provides protection against Meningitis A, W, and Y and boosts the Meningitis C vaccine which is given to babies.

Meningococcal disease causes a range of serious, life-threatening diseases including septicaemia (blood poisoning) and meningitis. As well as affecting children under 5, young people who are aged 15-19 are also at risk. Around one in 20 cases of meningococcal disease result in death. Some who are treated successfully may have permanent effects such as skin scars, limb amputations, hearing loss, seizures, and brain damage.

The MenACWY vaccine does not contain any live bacteria and cannot cause meningococcal disease. It can safely be given at the same time as the teenage booster vaccine. The vaccine is safe and effective against these strains of meningitis.

For more information, visit gov.je/meningitis



## Teenage Booster Td/IPV vaccine

The Teenage Booster vaccine is given at the same time as the MenACWY vaccine at around 14 years of age (year 9).

It boosts protection against three serious diseases: tetanus, diphtheria, and polio.

The vaccine does not contain any live bacteria or viruses and cannot cause any of the diseases it protects against.

Tetanus is an infection of the nervous system that is always serious and often fatal. The bacteria, called clostridium tetani, are all around us (for example in soil), and they enter the body through scratches, burns and cuts.

Diphtheria is a serious and life-threatening infection. It is very infectious and usually affects the upper respiratory tract (nose and throat) and occasionally the skin. Diphtheria can be prevented by vaccination.

Polio is an infectious disease caused by the poliovirus. The virus reproduces itself in the gut and can spread easily to the nervous system. It can result in very serious consequences including meningitis, paralysis, or death.



As with all vaccines you may find some side effects, including:

- pain, redness and swelling at the injection site
- headache
- feeling tired, irritable, or sleepy
- feeling generally unwell
- · loss of appetite
- fever

Nurses will attend your school to give you the vaccines in a private booth. There will be two nurses and they will give you an injection in each upper arm at the same time.

The dates the nurses will be attending school will be sent to you. If you miss the vaccines in school, there will be opportunities to have them at a catch-up clinic.

For more information about the vaccines please visit **gov.je/schoolagevaccines** 

If you have any questions, please call the Immunisation Team on **01534 443741** or email **immunisationteam@health.gov.je**