

Specialist Nurse Practitioner

Department: Children, Young People, Education & Skills

Division: CAMHS

Reports to: CAMHS Service Manager, CAMHS Lead Nurse.

JE Reference: CYP1009

Grade: NM05

Job purpose

To act as the **Specialist Nurse Practitioner** for children and their families with mental health needs providing duty and assessment, support within the Children & Families Hub, triage and treatment. To plan and deliver the provision of care, advice and guidance to patients, relatives and staff on a defined set of conditions within a specific service or patient group.

Job specific outcomes

1. The post holder will support the clinical manager in the provision of professional leadership and accountability for a specialised service, sharing clinical knowledge and experience to improve nursing practise and delivering evidence-based outcomes through the use of routine outcome measures.
2. The post holder will keep fully up to date in developments within own professional discipline and maintain an awareness of developments in clinical and nursing practice generally and will disseminate knowledge and experience to improve patient care.
3. The post holder will take an active role in the support of colleagues and provide expert advice and guidance to the multi-disciplinary team and the wider network. Modifying practice to improve efficiency where necessary.
4. The post holder will balance clinical/educational responsibilities to maintain professional competence and sustain the authority of professional expertise.
5. The post holder will maintain a professional portfolio which demonstrates the continuing acquisition of skills, knowledge, attitudes, understanding and achievement.
6. Manage a caseload of vulnerable children and their families supported by the CAMHS Service Manager, as part of the Neurodevelopmental pathway, to provide a person-centred, strengths-based model, providing and coordinating practical and emotional, evidence-based support that is persistent and proactive.
7. Work as part of a Duty and Assessment rota supporting the Children and Families Hub as required, to respond to immediate mental health concerns raised by professionals

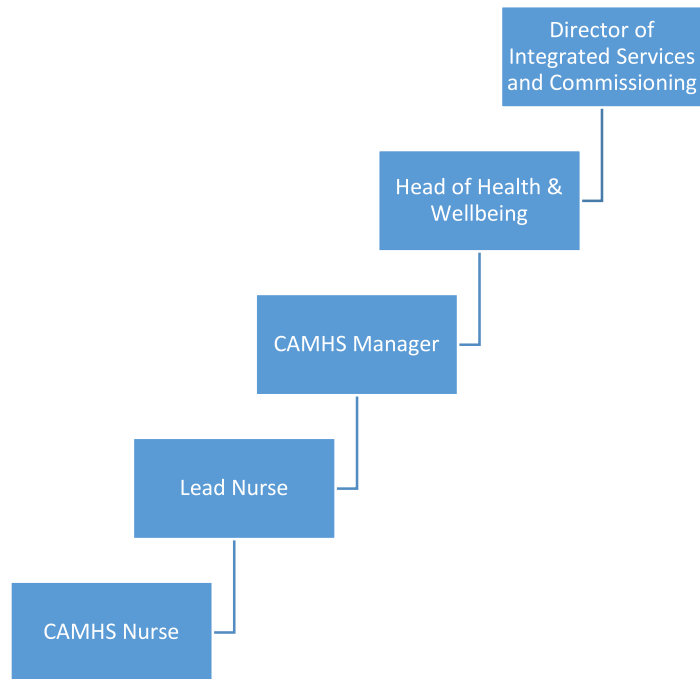
from all agencies, members of the public, children, young people and families. Thereby ensuring a comprehensive mental health triage process and onward support and facilitation to wider services and needs based interventions.

8. Use, update and maintain specialist skills, knowledge and experience to act as a mental health resource for children and families, colleagues and partners as required.
9. Maintain up to date and factual records that ensure the service provided is both transparent and accountable, in line with legal requirements and departmental procedures and processes.
10. Undertake a 6-day week rota, including duty rota, (Monday to Saturday) covering out of hour and unsocial working hours. Monday to Saturday 8am to 8pm
11. Undertake responsibility for ensuring that risk is clearly identified and managed, promoting and safeguarding the welfare of children and young people, in line with organisational policies, procedures and statutory obligations
12. Carry out technical tests or interventions, which involve additional training and will provide advice, education and training to staff across a range of disciplines within acute and community settings.
13. Take responsibility as a highly experienced practitioner within the multi-disciplinary team and contribute to the development of a service through involvement in standard setting and dissemination of expertise, contributing to the determination of overall service strategy.
14. Demonstrate a keen appreciation of national and international standards and evaluate local practice against benchmarking characteristics of best practice within CAMHS.
15. Be willing to undertake training in evidence-based therapeutic practice and treatments

Statutory responsibilities

- The post holder will have to comply with all relevant States Laws, such as the Health and Safety at Work (Jersey) Law 1989 and any other associated legislation, Standing Orders, Financial Directions, and other relevant Codes of Practice, in respect of managing the key project deliverables of programmes and costs through the active management of procurement, approval, financial and administrative procedures.
 - To be responsible for your own health and safety and that of your colleagues, in accordance with the Health and Safety at Work (Jersey) Law, 1989
 - To work in accordance with the Data Protection (Jersey) Law;
 - This role is politically restricted. The post holder is not permitted to undertake political activity involving standing for election to the States or as a Parish Constable, or publicly supporting someone who is standing for election or playing a public part in any political manner.
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Organisation chart



Person Specification

Specific to the role

ATTRIBUTES	ESSENTIAL	DESIRABLE
<p>Qualifications Please state the level of education and professional qualifications and / or specific occupational training required.</p>	<p>1st level Registered Nurse</p> <p>1st Degree in health-related field or equivalent</p> <p>4 years post qualifying experience including 2 years recent experience in specialty area of CAMHS</p> <p>Relevant CAMHS post qualifying training in specific treatment modalities including CBT, DBT, CAT, Systemic Therapy</p> <p>Working towards 120 credits at Level 3 (Post Grad/Masters equivalent)</p>	<p>Post graduate degree in Mental Health</p> <p>Teaching / Mentorship / Assessment of Learning in Practice award or qualification</p>
<p>Knowledge This relates to the level and breadth of practical knowledge required to do the</p>	<p>Understanding of all relevant legislation/regulation relating to Mental Health and Capacity.</p>	

<p>job (e.g. the understanding of a defined system, practice, method or procedure).</p>	<p>Detailed understanding of Mental Health, including medical, social psychological processes and their impact on people's ability to develop.</p> <p>Knowledge and understanding of prevention and recovery models of care.</p> <p>Good, practical understanding of working with common mental health issues and alcohol use disorders within a professional role and how clients may present in Primary Care.</p> <p>Knowledge of how to carry out risk assessments within scope of practice.</p>	
<p>Technical / Work-based Skills This relates to the skills specific to the job, e.g. language fluency, vehicle license etc.</p>	<p>Able to keep excellent records of work.</p> <p>Effective use of ICT. This would include working knowledge of email, Word, Outlook, PowerPoint and a variety of databases</p> <p>Good understanding of the social care and mental health frameworks.</p>	<p>Additional language skills in addition to working level of English.</p>
<p>General Skills/Attributes This relates to more general characteristics required to do the job effectively, e.g. effective written communication skills, ability to delegate, motivation or commitment etc.</p>	<p>Able to work as part of a team, sharing expertise and skills as a resource for colleagues</p> <p>Able to work flexibly.</p> <p>The ability to communicate effectively and concisely and with a range of different individuals and groups</p> <p>Strong written communication skills with the ability to produce professional reports</p> <p>The ability to plan and prioritise workload</p> <p>Able to work as part of a team, sharing expertise and skills as a resource for colleagues</p> <p>Demonstrates empathy towards individual clients.</p> <p>Supports the development of and</p>	

	<p>shares learning with other members of staff.</p> <p>Able to remain professional and effective under pressure.</p>	
<p>Experience This is the proven record of experience and achievement in a field, profession or specialism. This could include a minimum period of experience in a defined area of work if required by an external body (for example a period of post-qualification experience).</p>	<p>Able to evidence practical, direct experience of working with complex mental health, vulnerable children and their families</p> <p>Experience of working with service users with Mental Health needs.</p> <p>Direct experience of working in a multi-agency setting</p>	<p>Specialist experience of working with children and families in one or more of the following: complex needs counselling mental health social work substance misuse</p>
<p>Criteria relating to Safeguarding Other requirements needed to confirm suitability to work with vulnerable people e.g. attitudes, skills, experience etc.</p>	<p>Understanding of local mental health laws and procedures and the importance of vulnerable children and adults.</p> <p>Understanding of local child protection policies and procedures and the importance of safeguarding children and young people</p> <p>An enhanced DBS check</p>	

Core Accountabilities, Attributes and Behaviour Indicators

Appointees to this role will be required to adhere to and perform their duties in line with the standards identified in the States of Jersey tier 4 core accountabilities attributes and behaviour indicators.

The standards relevant to this tier, identified in the States of Jersey core accountabilities attributes and behaviour indicators, are to be attached in a separate document.