

Job Title: Assistant Psychologist (Higher)– CAMHS

Department: CAMHS

Division: CYPES

Reports to: CAMHS team manager and Consultant Clinical Psychologist CAMHS

JE Ref: CYP555

Grade: CS09

JE Date: 04/06/2020

To support the professional psychological care of clients within the service, across all sectors of care; providing psychological assessment and psychological interventions (both in groups & 1:1) under the supervision of a chartered clinical psychologist, working independently according to a plan, and only as agreed with a qualified clinical psychologist and within the overall framework of the team's policies and procedures. To assist in clinically related administration, conduct of audits, collection of statistics, and development of audit and/or research projects, teaching and project work. To work, where appropriate and depending on service need, performance and progression, towards further skills/qualifications in specific psychological/psychotherapeutic interventions (e.g. Mindfulness, CBT, CAT, EMDR)

Job specific outcomes

- To undertake clinically supervised work with clients on a one to one basis
- Under supervision, to plan, organise and teach/co-facilitate on a variety of psycho-educational courses
- To undertake directly and indirectly supervised protocol based psychological assessments of clients including measures, rating scales, direct and indirect structured observations and semi-structured interviews with clients, family members and others involved in the client's care if/when deemed to be appropriate.
- To assist in the formulation and delivery of care plans involving multidisciplinary and specific psychological treatment and/or management of a client's problems, under the supervision of a Chartered Clinical psychologist.
- To undertake data collection, analysis, the production of reports, summaries, audits & research projects as well as performing searches of evidence-based literature and research in order to assist the development of evidence-based services
- To be able to show initiative in co-ordinating and taking part in the collection of relevant data at different stages within the patients' care and the creation & maintenance of appropriate databases for audit, research & service evaluation purposes for all areas of the service, as agreed with supervisor and service leads.
- To assist in the design and implementation of service development projects within the service as required.
- To attend and contribute to relevant multi-disciplinary meetings and to assist with relevant service development and evaluation project, as required.

Clearly state all or any responsibility for contact with vulnerable people in this section.

- Frequent interaction with people suffering from mental illness, acute & chronic physical illness

Statutory responsibilities

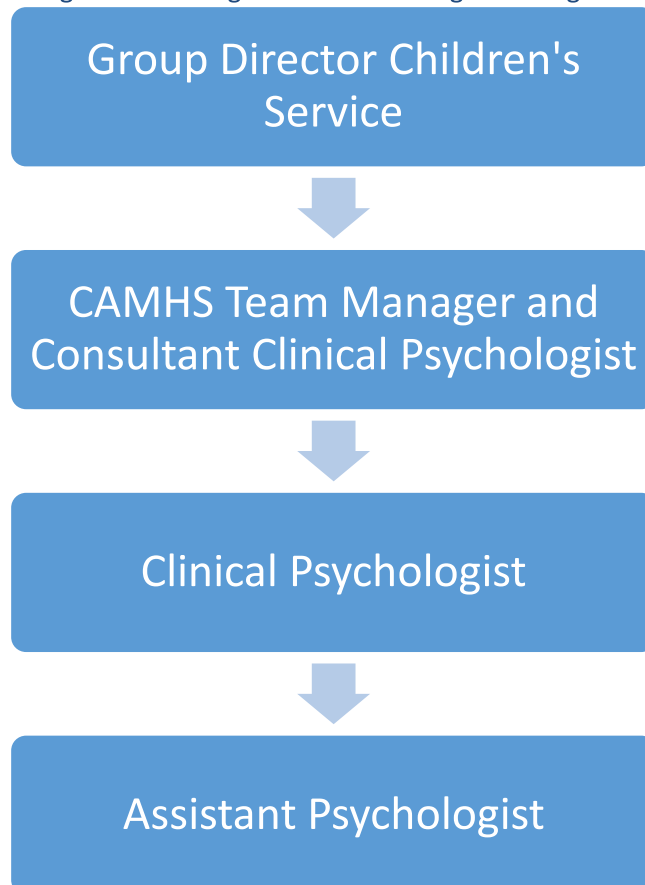
Active engagement, participation and compliance with any other statutory responsibilities applicable to the role, as amended from time to time.

This role is politically restricted. The job holder is not permitted to undertake political activity involving standing for election to the Government or as a Parish Constable, or publicly supporting someone who is standing for election or playing a public part in any political manner.

- The post holder will have to comply with all relevant States Laws, such as the Health and Safety at Work (Jersey) Law 1989 and any other associated legislation, Standing Orders, Financial Directions, and other relevant Codes of Practice
- Ensure appropriate communication of relevant patient information through the maintenance and updating of patient/client records in line with the requirements of Clinical Governance and Quality as set out in the Standards of Practice from the CSP; HCPC and HCS.
- To meet all requirements of Clinical Governance (e.g. statutory & mandatory training; CPD; reflective practice etc.) and propose any necessary changes to service delivery, which this may give rise to.
- To interpret and inform the Consultant Leads of specific national and professional evidence and policies which affect the specialist area.
- To be aware of and adhere to the British Psychological Society's code of conduct and guidelines for the employment of Assistant Psychologists
- To participate in regular clinical supervision in accordance with professional practice guidelines of at least half an hour per week (pro rata)

Department Organisational Chart

Governance and professional regulation arrangements are managed through Health and Community services.



Person Specification

Specific to the role

ATTRIBUTES	ESSENTIAL	DESIRABLE
<p>Qualifications</p>	<p>Degree in Psychology (B.Sc. or B.A Hons – 2.1 or above) with eligibility for membership (graduate basis for registration) of the British Psychological Society (thus to the Health and Care Professions Council)</p> <ul style="list-style-type: none"> Ongoing clinical supervision in working towards further qualifications in multiple psychological interventions/registration with the relevant professional body 	<p>Additional qualifications in delivering psychological interventions e.g. motivational Interviewing</p> <p>To be supported to work, towards further qualifications in specific psychological interventions (e.g. mindfulness, CAT, EMDR) leading to appropriate accreditation, transferring to tangible service delivery, agreed with supervisor, and toward suitability for training as a clinical psychologist.</p>
<p>Knowledge</p>	<ul style="list-style-type: none"> Must be able to demonstrate knowledge of child and adolescent mental health presentations Understanding of research methods and statistical analysis e.g ANOVA, Regression High standard of computer skills including email, Excel and SPSS and the ability to utilise a patient information system to manage diary commitments and electronic patient records. An in-depth knowledge of working with young people Knowledge of relevant psychological theory, psychometrics, statistical analysis 	<p>A knowledge of additional models of psychological theory & practice eg. Cognitive Analytical Therapy, Audit analysis and presentation</p>
<p>Technical / Work-based Skills</p>	<ul style="list-style-type: none"> Keyboard Skills Driving Licence for community work 	<p>Previous skills in supervised</p>

	<ul style="list-style-type: none"> • Formal restraint / Assault avoidance training • Listening • Administration, scoring & analysis of psychometrics and neuropsychological assessments • Ability to engage in supervision 	therapeutic approach or practice relevant to CAMHS
General Skills/Attributes	<ul style="list-style-type: none"> • Communicates CAMHS related information to clients, relatives, undertakes group & 1:1 sessions with clients, atmosphere may be highly emotive • Skills for assessing clients in 1-1 sessions, group dynamics, research methodology • May be required to demonstrate own duties; train other health care staff, supervise non-specialist assistant psychologists 	
Experience	<ul style="list-style-type: none"> • Experience of conducting literature searches and reviews • Experience of working with people with mental and/or physical health problems. 	<ul style="list-style-type: none"> • post-degree experience of working in a multidisciplinary work • Experience working in a counselling role / psychological services (e.g. Samaritans) • Previous experience as volunteer assistant psychologist)
Criteria relating to Safeguarding	<ul style="list-style-type: none"> • Up to date DBS enhanced check • Up to date safeguarding training (level 2) 	<ul style="list-style-type: none"> • Membership of specialist interest professional bodies

Delete as appropriate: ***Clinical Post - not yet known***

Appointees to this role will be required to adhere to and perform their duties in line with the standards identified in the States of Jersey tier 5 core accountabilities attributes and behaviour indicators.

The standards relevant to this tier, identified in the States of Jersey core accountabilities attributes and behaviour indicators, are to be attached in a separate document.