

## Specialist Physiotherapist Mental Health

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**Department:** Health and Community Services

**Division:** Mental Health

**Reports to:** Lead AHP Mental Health

**JE Reference:** HCS1131

**Grade:** CS10

**JE Date:** 02/08/2022

### Job purpose

The post holder will work autonomously as a specialist physiotherapy practitioner within an community mental health and inpatients service to deliver a high-quality physiotherapy service through assessment and treatment of patients referred with complex rehabilitation needs within Jersey.

The role involves working as a member of a multi-disciplinary team and communicating information to those agencies (either health or social background) involved, to meet the needs of the patient & plan effective care.

The post holder should participate in departmental In-service Training and Journal Club activities to further consolidate knowledge base and specialist clinical skills and participate in the CPD programme to share these skills with therapy and nursing colleagues.

The post holder will also provide supervision, teaching and support to senior and junior staff, assistant staff and act as a clinical educator for undergraduate students.

### Job specific outcomes

#### Clinical

- To undertake, as an autonomous practitioner, a specialised comprehensive assessment of patients including those with complex and diverse presentations and multi pathologies. Use specialised clinical reasoning skills, and problem solving to provide an accurate assessment of their condition, resulting in patient centred goals and treatment plans.
- Using clinical assessment and treatment skills formulate and deliver individual physiotherapy evidence-based treatment programmes for complex patients, falls prevention, musculo-skeletal, respiratory and long term condition management. Utilising clinical reasoning skills, knowledge of treatment skills, patient education and advice, exercise programmes and therapeutic handling and advice.
- To demonstrate sound theoretical knowledge of anatomy, physiology and pathology to determine a clinical diagnosis and subsequent physiotherapy management plan. Physiotherapy intervention, where appropriate to include assessment of range of movement, muscle power, movement and gait analysis. Rehabilitation should be aimed at optimising independent functioning of the individual

- To complete all appropriate documentation to record the assessment and treatment planning process, including making use of appropriate outcome measures. To undertake review to evidence the effectiveness of therapy interventions.
- Assess patient understanding of treatment proposals, gain valid informed consent and have the capacity to work within a legal framework with patients who lack capacity to consent to treatment.
- Where appropriate to liaise with other professionals and agencies as part of a multi-disciplinary approach, completing service specific patient documentation and referrals for own services and other agencies involved.
- Use a range of verbal and nonverbal communication tools to communicate effectively and to ensure a person-centred approach is used.
- To assess and effectively manage individual, activity and environmental risk to ensure the safety of the service user, self, colleagues and the wider public whilst recognising the right of the service user to take positive risks in promoting their recovery and record these appropriately.
- To be professionally and legally responsible for all aspects of our own work.
- To participate in peer supervision and training to therapy colleagues, including assistants and to contribute to an ongoing CPD programme.
- To plan and organise own time including patient care, training, supervision and meetings.
- To participate in Clinical and Managerial Supervision programmes

### **Communication**

- To establish effective networks with other professionals, statutory and non-statutory agencies.
- To promote, establish and maintain effective communication in complex situations with service users, their families and carers who are experiencing difficulties.
- To promote positive working relationships with team colleagues to share skills and understanding of respective roles.

### **Managerial / Leadership**

- To apply an understanding of guidelines and legislation relating to health and social care to propose and implement local changes in service provision as necessary.
- To provide effective supervision of peers and therapy assistants and to contribute to a therapy wide supervision network.

### **Training and Education**

- To assist senior staff to organise and deliver teaching programmes in specialist area of practice to peers, junior staff and health and social care support workers, and other professions/agencies concerning physiotherapy and participate in in service training.

- To be responsible for own personal professional development and to maintain a CPD portfolio demonstrating awareness of new clinical practices.

### Research and Audit

- To assist senior staff in implementing audit activity and participate in research projects within the Mental Health service as and required.
- To keep abreast of evidence-based practice in the relevant field through reading, attendance of external and in-house training courses, database literature searches and critical appraisal.

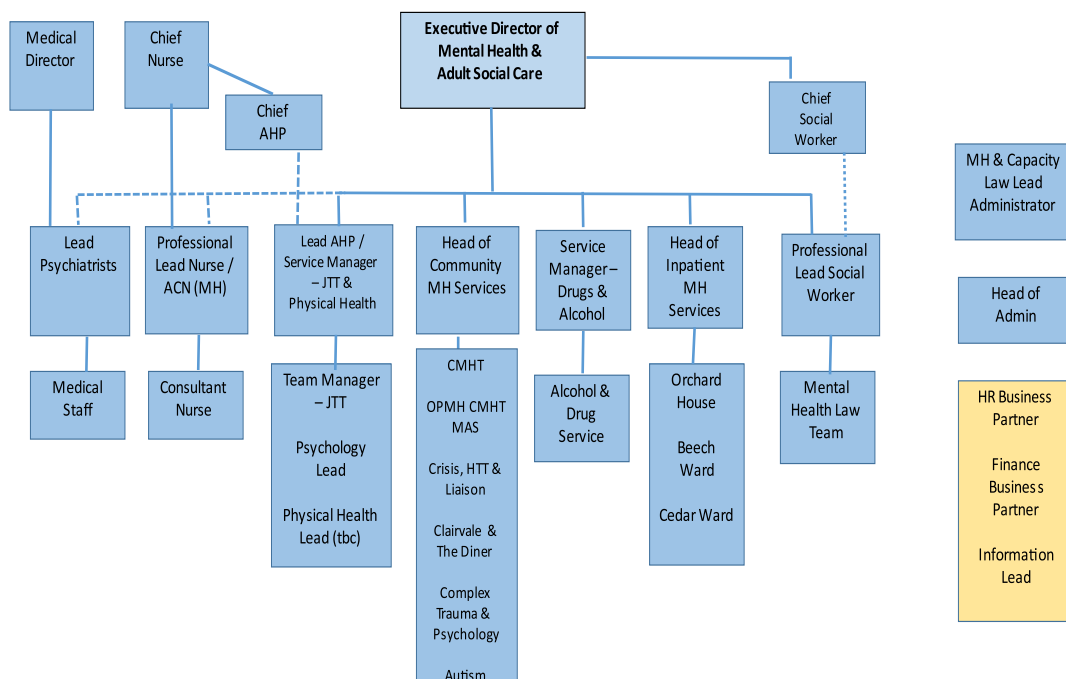
### Statutory responsibilities

Active engagement, participation and compliance with any other statutory responsibilities applicable to the role, as amended from time to time.

This role is politically restricted. The job holder is not permitted to undertake political activity involving standing for election to the Government or as a Parish Constable, or publicly supporting someone who is standing for election or playing a public part in any political manner.

### Organisation chart

Feb 2022



## Person Specification

### Specific to the role

ATTRIBUTES	ESSENTIAL	DESIRABLE
<p><b>Qualifications</b></p> <p>Diploma/Degree in Physiotherapy</p> <p>Evidence of relevant and validated post-graduate course</p> <p>Fieldwork educators' qualification</p>	<p>*</p> <p>*</p> <p>*</p>	
<p><b>Knowledge</b></p> <p>Scientific and clinical knowledge of physiotherapy Practice in line with evidence-based practice</p> <p>Professional guidelines and codes of conduct</p> <p>Critical appraisal</p> <p>Evidence of CPD and portfolio demonstrating interest in a specialist area</p> <p>HPC registration</p> <p>Commitment to Continuous Professional Development</p> <p>Member of Chartered Society of Physiotherapy (CSP)</p> <p>Adherence to the Code of Ethics and Professional Standard of CSP and the HPC</p>	<p>*</p> <p>*</p> <p>*</p> <p>*</p> <p>*</p> <p>*</p> <p>*</p> <p>*</p> <p>*</p>	
<p><b>Technical / Work-based Skills</b></p> <p>Analytical and judgemental skills</p> <p>Manual therapy skills</p> <p>Effective verbal/non-verbal communication</p> <p>Planning, organisational and time management</p> <p>Computer / IT skills</p> <p>Clean driving licence</p>	<p>*</p> <p>*</p> <p>*</p> <p>*</p> <p>*</p> <p>*</p>	

Access to transport		*
<p><b>General Skills/Attributes</b></p> <p>Personal skills:</p> <p>To be able to cope with the physical demands of the job</p> <p>Motivation, drive and enthusiasm, and the ability to use own initiative to enhance service delivery where appropriate</p> <p>Leadership skills</p> <p>Excellent verbal/non-verbal and written</p>	<p>*</p> <p>*</p> <p>*</p> <p>*</p>	
<p><b>Experience</b></p> <p>Minimum of 2 years post graduate experience, including a broad range of working in relevant fields</p> <p>Commitment to training and development</p> <p>Team working</p> <p>Reflective practice</p> <p>Experience of student clinical supervision</p> <p>Experience of day-to-day supervision of Junior and/or support staff</p>	<p>*</p> <p>*</p> <p>*</p> <p>*</p>	<p>*</p> <p>*</p>
<p><b>Criteria relating to Safeguarding</b></p> <p>Everyone within HCS has a responsibility for, and is committed to, safeguarding and promoting the welfare of children, young people and vulnerable adults and for ensuring that they are protected from harm. Every adult has a responsibility to protect children and as employees of HCS we are duty bound always to act in the best interest of a child about whom we may have concerns</p> <p>Ability to work with vulnerable people</p> <p>Experience of safeguarding in practice</p>	<p>*</p> <p>*</p>	

## Core Accountabilities, Attributes and Behaviour Indicators

### Delete as appropriate:

Appointees to this role will be required to adhere to and perform their duties in line with the standards identified in the States of Jersey tier 5 core accountabilities attributes and behaviour indicators.

**The standards relevant to this tier, identified in the States of Jersey core accountabilities attributes and behaviour indicators, are to be attached in a separate document.**