

## Physiotherapy Support Worker

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**Department:** Physiotherapy

**Division:** Clinical Support Services and Cancer

**Reports to:** Advanced Physiotherapist

**JE Ref:** HCS684

**Grade:** CS06

**JE Date:** 01/07/2020

### Job purpose

To work as a member of the Physiotherapy Team, often working independently with patients in both community and clinical settings, under the guidance and supervision of the Physiotherapists thereby contributing to an effective therapy service.

To assist in the provision of a safe and efficient physiotherapy assessment and treatment service to the patients referred to achieve maximum potential through helping them regain their best levels of independence, within hospital/department settings and the community.

### Job specific outcomes

Clearly state all or any responsibility for contact with vulnerable people in this section.

- To undertake prescribed patient assessments for mobility, functional activities within the home environment and outdoors e.g. bed mobility/transfers and outdoor mobility including car transfers. To also screen /assess for the risk of falls within the home environment including teaching safe practice of getting on an off the floor, to assess and provide teaching on the safe use of walking aids. This includes undertaking specified outcome measures.
- To assist in the therapy service provision for own caseload of patients, instructing, encouraging and supervising their participation in specified rehabilitation tasks, working with the multidisciplinary team, liaising with colleagues as appropriate to provide a safe and efficient therapy service.
- To establish a rapport with patients and provide ongoing support throughout their treatment programme to achieve their agreed rehabilitation objectives, ensuring safety and confidentiality at all times in accordance with Health & Community Services policies.
- To carry out physiotherapy manual and handling techniques as directed and trained by the senior physiotherapists.
- To support the delivery of patient group exercise and education sessions. During this they will also be monitoring patients for possible change to indicate that treatment plans can be progressed, or that patients may need urgent review.
- To maintain timely and accurate documentation of all patient centred activity in the patient records, and to report to the appropriate therapist regarding the patient's performance, thereby contributing to the evaluation of prescribed therapy programmes.

- To maintain statistical records as required, and assist in audit and analysis of statistics and patient outcomes in order to provide evidence for the effectiveness of therapy input.
- Participate in clinical team meetings to report on patient progress, including the provision of written reports as necessary to ensure that the needs of the patient and their associated carers are understood and taken into account.
- To assist in the maintenance and usage of specialised equipment and resources, and to undertake general administration and cleaning duties within the Physiotherapy Department.
- Attend and participate in relevant inservice training and development programmes to develop and maintain relevant clinical knowledge, and to comply with standard Performance Review and Appraisal system. To fulfil the requirements for all mandatory training.

### **Statutory responsibilities**

Active engagement, participation and compliance with any other statutory responsibilities applicable to the role, as amended from time to time.

**<Delete the following statement if not applicable>**

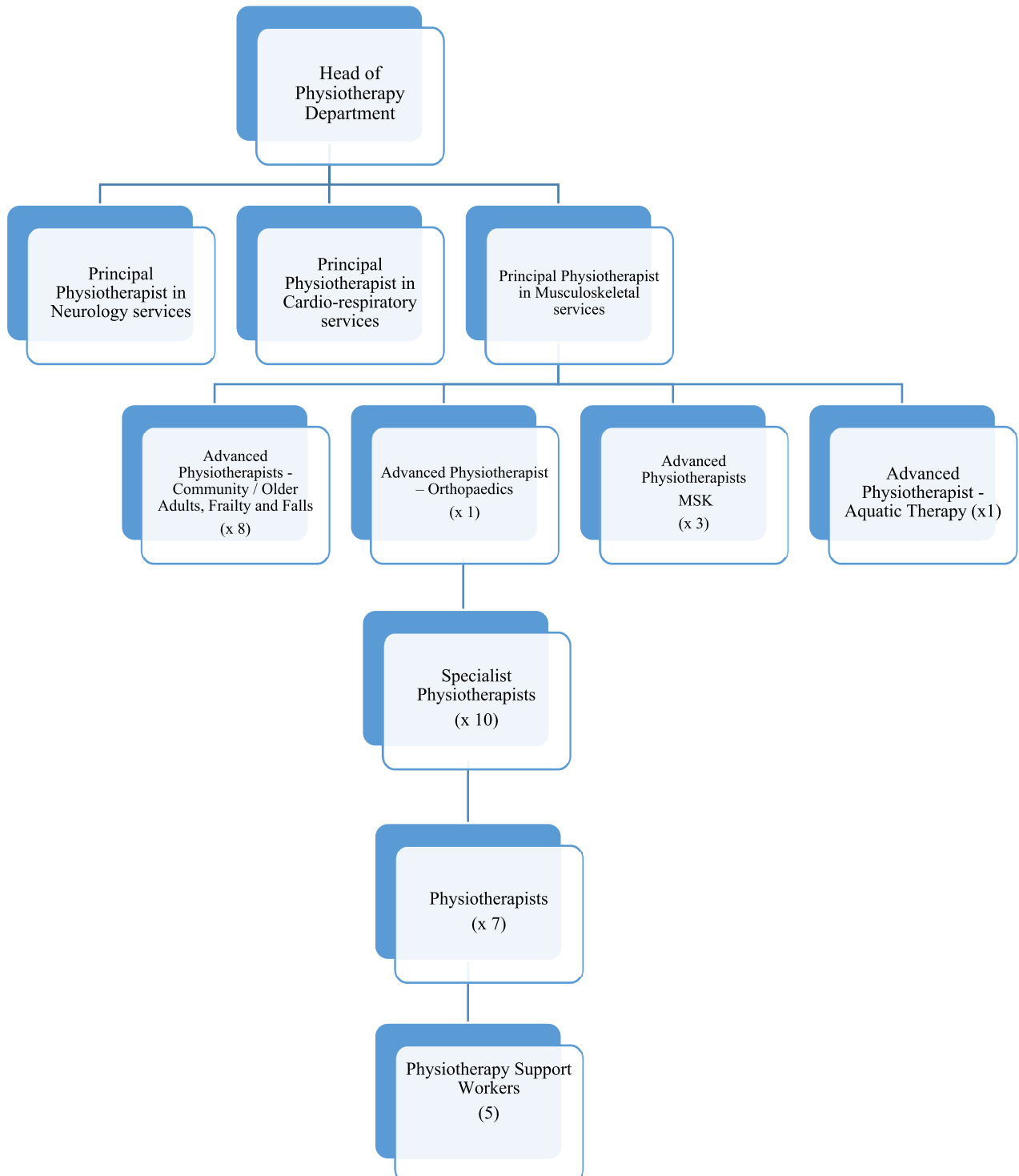
This role is politically restricted. The job holder is not permitted to undertake political activity involving standing for election to the Government or as a Parish Constable, or publicly supporting someone who is standing for election or playing a public part in any political manner.

### **Services (TIER 1,2 and 3 jobs only – DELETE if not applicable)**

- *List the primary service areas that are accountable to the role*
  - XX
  - XX
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## Organisation chart

Insert an organisation chart showing this role and its line managers and reports (individual names must not be included only post titles)



## Person Specification

### Specific to the role

*Describe the knowledge, skills, experience, and qualifications required to perform the job to a satisfactory standard.*

*It is important to convey what the job requires, rather than what an individual might have, as these may be different. For example, you may have a postgraduate level qualification, however, an A' Level standard qualification is the requirement for the job.*

| ATTRIBUTES   | ESSENTIAL  | DESIRABLE  |
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| <p><b>Qualifications</b><br/><i>Please state the level of education and professional qualifications and / or specific occupational training required.</i></p>  | <p>Achieved, working towards or willing to work towards NVQ / QCF Level 3</p>  | <p>Educated to A-level standard</p>  |
| <p><b>Knowledge</b><br/><i>This relates to the level and breadth of practical knowledge <b>required</b> to do the job (e.g. the understanding of a defined system, practice, method or procedure).</i></p> | <p>A general knowledge of healthcare and common conditions that impact patients requiring rehabilitation (e.g. trauma, arthritis, cardiac conditions, stroke etc.)</p> <p>To have a basic knowledge of anatomy, and pathology relating to patients in a specialised area.</p> <p>An understanding of confidentiality</p> | <p>To have a broad understanding of exercise opportunities in the community for patients</p> <p>An understanding of benefits of exercise</p> <p>To understand normal movement patterns in order to assess patients mobility and transfers.</p> |
| <p><b>Technical / Work-based Skills</b><br/><i>This relates to the skills specific to the job, e.g. language fluency, vehicle license etc.</i></p>   | <p>Clean driving licence</p> <p>Computer skills that enable use of word processing, data collection and analysis, literature searching and presentation production</p> <p>Ability to engage with complex patients in rehabilitation and active self-management (e.g. cognitive, emotional, behavioural barriers)</p>     |  |

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|   | <p>To effectively deliver training to other health care professionals &amp; relatives via training on a regular basis</p> <p>To be able to undertake a mentally and physically demanding job, whilst at the same time taking care to safeguard their health and safety as well as colleagues and patients.</p> <p>Independent management of own caseload in the absence of senior physiotherapist, but know when to request support</p>  |  |
| <p><b>General Skills/Attributes</b><br/><i>This relates to more general characteristics required to do the job effectively, e.g. effective written communication skills, ability to delegate, motivation or commitment etc.</i></p> | <p>Effective written communication skills.</p> <p>Effective verbal communication skills</p> <p>Good motivational and diplomacy skills at a high level to encourage patients and their families/carers to engage with intervention programmes and rehabilitation.</p> <p>An empathetic manner</p> <p>Self-motivated to work independently, but also to know when to refer to senior staff.</p> <p>General physical fitness for community working and safe handling of equipment</p> <p>To undertake a yearly personal Performance Review and Appraisal ("PRA"), reflecting on clinical practise through CPD and the</p> |  |

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|  | <p>PRA procedure to positively impact future clinical practise</p> <p>Able to remain professional and work effectively under pressure</p>   |  |
| <p><b>Experience</b><br/><i>This is the proven record of experience and achievement in a field, profession or specialism. This could include a minimum period of experience in a defined area of work if required by an external body (for example a period of post-qualification experience).</i></p> | <p>The post holder must have a health and social care background, with 2 years' experience, enabling them to relate to patients and carry out effective interventions with patients.</p>                    |  |
| <p><b>Criteria relating to Safeguarding</b><br/><i>Other requirements needed to confirm suitability to work with vulnerable people e.g. attitudes, skills, experience etc.</i></p>   | <p>Completion of relevant mandatory training</p> <p>Ensuring both assessment and treatment of patients in line with relevant legal framework, including those who lack capacity to consent to treatment</p> |  |

## Core Accountabilities, Attributes and Behaviour Indicators

Delete as appropriate:

Appointees to this role will be required to adhere to and perform their duties in line with the standards identified in the States of Jersey tier 6 core accountabilities attributes and behaviour indicators.

**The standards relevant to this tier, identified in the States of Jersey core accountabilities attributes and behaviour indicators, are to be attached in a separate document.**